

## PADI 5 Day Learn to Dive Course



Pro Dive Cairns is recognized world wide as a leader in all aspects of scuba diving education. We offer students a professional and safe learning environment and combine it with spectacular dive locations on the Great Barrier Reef. Our custom built training centre is located in the Cairns city and there is no better place in the world to learn to dive! Water temperatures range from 22°C to 30°C allowing comfortable diving all year round. The PADI 5 day learn to dive course is broken down to two components:

- 2 days of pool and classroom training
- 3 day 2 night liveaboard trip to the Outer Great Barrier Reef

You will spend your first two days at our training centre where you will learn the academics of scuba diving & then in the pool where you put these basics into practice. At the end of Day 2 you are invited to attend “Reef Teach” which is a marine biology presentation where you will learn about the Great Barrier Reef (additional cost).

Day 3, 4, and 5 are spent onboard one of our Scubapro vessels out on the Great Barrier Reef. Whilst on the reef you take part in your 4 training/qualifying dives, which completes your PADI Open Water Certification. After this you are able to go on and enjoy 5 more dives as a recreational diver, one of which is a night dive guided by your instructor. These dives on the Great Barrier Reef will be truly spectacular and memorable and the highlight of your course. On your return to Cairns, passengers and crew get together in a local restaurant to celebrate the conclusion of your trip.

### Courses Commence

- English course commences every Monday - Saturday (everyday except Sunday)
- German courses commence Tuesdays & Fridays
- Japanese courses commence Thursdays

### Dive Sites

Pro Dive has access to over 16 exclusive dive sites on the Outer Barrier Reef including sites on Milln, Thetford, Pellowe and Flynn Reefs.

Click on the following link for further information on our dive sites.

[Pro Dive Cairns Dive Sites](#)



**Course Itinerary**

**Day One Academic & Pool Training**

\* Please note – pick up times will vary so please check your time with our office. Please bring your travel voucher and/or course fees, money for your dive medical and lunch, swimwear and towel.

- 08:00hrs Complimentary hotel transfer – available from Cairns City & Northern Beaches accommodation
- 08:30 Check in at Pro Dive Training Centre – 116 Spence Street, Cairns
- 08:45 Academic training in the classroom
- 13:00 Dive medical and lunch break (lunch at own expense)
- 14:00 Pool training
- 17:30 Complimentary transfer returns you to your accommodation

**Day Two Academic & Pool Training**

- 07:30hrs Complimentary hotel transfer – available from Cairns City & Northern Beaches accommodation
- 08:00 Equipment talk, free time in the pool to try different equipment
- 09:15 Pool Training
- 12:15 Gearing up at Pro Dive retail shop and opportunity to make any purchases with a 10% discount
- 13:00 Lunch break (lunch at own expense)
- 14:00 Return to Training Centre for academic training and final exam
- 17:45 Complimentary transfer returns you to your accommodation or to Reef Teach (optional)



**Day Three Diving the Outer Great Barrier Reef**

- 05:45hrs Complimentary hotel transfer – available from Cairns City & Northern Beaches accommodation.
- 06:15 Check in at Pro Dive retail shop – corner Shields & Grafton Streets.
- 07:00 Depart Cairns for 3 days & 2 nights of fantastic diving/snorkelling on the Great Barrier Reef. A light breakfast is served onboard.
- 10:30 Your first training dive in the ocean
- 12:00 Lunch is served - hearty soup with an array of fresh salads, cold meats & bread rolls.
- 14:30 Your second training dive
- 18:00 Dinner - the menu changes each trip however it will be wholesome, hot & of course lots of it! Then time to relax.

**Day Four Experience further fantastic diving on the Outer Great Barrier Reef**

07:00hrs	Your third training dive.
08:00	Enjoy a hearty breakfast of cereal, fresh fruit, bacon and eggs as well as toast & spreads.
10:30	Your fourth and final training dive!
12:00	Lunch on the second day is hot pasta with a variety of fresh salads.
14:30	You are now a certified diver – your first pleasure dive!
18:00	A hot dinner is served
19:30	A guided night dive!

**Day Five Morning dives and return to Cairns**

06:30hrs	Your first dive of the day.
07:30	A hot breakfast accompanied with fresh fruit salad, cereals and toast.
09:00	After breakfast, the vessel makes its last site of the trip, where you will do your second dive.
11:00	Your last dive of the trip!
12:00	A selection of freshly made sandwiches is served before the vessel heads back to Cairns
16:00	Complimentary accommodation transfers – Cairns City & Northern Beaches.
19:30	Join fellow passengers & crew at a local restaurant for a farewell dinner! (optional)

**Course Requirements**

- Ability to swim - 200m and tread water (float) for 10 minutes
- Minimum age 12 years (no maximum age)
- Dive medical – which must be in accordance with Australian Standard AS4005-1 (This can be arranged by Pro Dive on day 1 of course - a fee of \$55 per person is payable direct to the doctor. A history of asthma, diabetes & pregnancy may exclude you from scuba diving)

**Cost**

*Rates valid from 01 April 2010 to 31 March 2011*

- AU \$775 per person

**Additional Costs**

An additional fee of AU\$50.00 per person is payable direct to Pro Dive Cairns. This fee consists of a AUD\$16.50 Government Environmental Management Charge (EMC) as well as a Port Departure Tax and administration costs. This is payable direct to our Retail Shop at the end of your trip.





## Underwater Cameras

We have Digital Cameras with underwater housings available onboard for hire – the cost is AUD\$35.00 per dive which includes your images burnt to CD. If you would like a 3 day package hire with strobe and wide angle lens please speak to the Retail Shop when you are arranging your dive gear.

## Course Inclusions

### On Land:

- Daily accommodation transfers (City & Northern Beaches)
- 2 x passport photos (for your certification card)
- All stationary requirements needed for classroom activities
- PADI Open water certification
- All dive equipment (use of prescription mask if necessary)
- Log book

### At Sea:

- Return accommodation transfers (City & Northern Beaches)
- 9 Dives (weather permitting)
- Dive insurance
- Twin or double cabin accommodation onboard inc bed linen
- All meals whilst onboard
- All dive equipment inc dive computer
- Prescription masks if needed
- Long leg, short arm wetsuits
- Torch & cyalume sticks for night diving

## Booking Procedure

You are highly advised to pre-book your course as availability may be limited if you wait until your arrival.

If you would like to make a booking, we require payment in full.

You can contact us via phone or email or book via our reservations facility online (please note that when you enter your credit card details in our online system you will have instant confirmation and payment for the 5 day learn to dive course (Visa and Mastercard online only).

We accept all major credit cards if you book via phone or email.

[Online Reservations – click here](#)

Email us: [info@prodiv Cairns.com](mailto:info@prodiv Cairns.com)

Phone: + 61 7 4031 5255 or Freecall 1800 353 213 (within Australia)

[www.prodiv Cairns.com](http://www.prodiv Cairns.com)



### **Cancellation Policy**

The 5 day learn to dive course is fully refundable up until the end of the first day of the course. Please note full cancellation fees apply if cancelling after day one.

### **Please Note**

- Some medical conditions may prevent you from diving.
- We do recommend that if you are under 18 and over 45 years of age to obtain your medical beforehand
- In the interest of safety we recommend you do not fly within a 24-hour period after diving
- The above itinerary is a guide only and the times of dives may change
- The skipper will always adapt an itinerary to the prevailing weather, tides and currents
- Please advise if you have any dietary requirements & we will do our best to cater for you
- Everyone will be required to fill out a Medical Waiver Release and Indemnity Deed onboard the vessel
- We recommend you organize your own travel insurance

