

DIVE INSTRUCTOR TRAINING

with

Alex van Welderen



PADI®



The Royal Life Saving Society
Australia

Instructor Course Details

- Course:** Instructor Development Course
- Date:** As per schedule
- Course director:** Alex van Welderen
- Duration:** 9 Days (Two weeks including IE)
- Daily Hours:** 6.00 pm - 9.00 pm (Introduction evening)
8.00 am - 6.00 pm (Daily)
- Investment:** \$ 1895.00 valid till 31/12/2008 excluding PADI fees
- Deposit:** A three hundred dollars (\$300) initial deposit is required to reserve your position on this program, with the total investment due by the commencement. Refundable up to one week before starting date. The price does not include PADI fees (IDC application, IE)
- Location:** Pro-Dive Cairns
116 Spence Street, Cairns QLD 4870
Tel: (07) 4031 5255 Fax: (07) 4051 9955
ALEX'S Mbl: (0403) 621 172
Email: alex@aquatica.com.au Web: www.aquatica.com.au
- Materials:** You will need to have the following materials prior to your course commencement as per PADI requirement.
- 1) PADI Open Water Manual*
 - 2) *Open Water Diver Quizzes and Exam booklet*
 - 3) PADI Adventure in Diving*
 - 4) PADI Rescue Diver Manual*
 - 5) *Rescue Diver Final Exam booklet*
 - 6) PADI Divemaster Manual*
 - 7) *Divemaster Final Exam booklet*
 - 8) Encyclopaedia of Recreational Diving*
 - 9) Specialty outlines for PPB, Project Aware, Aware CRC
 - 10) The Best of the Undersea Journal*
 - 11) Law & the Diving Professional*
 - 12) Business of Diving*
 - 13) Children & Scuba Diving*
 - 14) Instructor Manual
 - 15) IDC candidate workbook
 - 16) Recreational Dive Planner The Wheel, Table and eRDP
 - 17) Aquatic Cue Cards for Open Water Diver, Adventures in Diving, Rescue Diver, Divemaster and Discover Scuba diving

* Items available from library (fee applies)

Equipment: As a Dive professional it is expected that you have your own tools (dive equipment). Your Course Director can help you with advise on equipment and any equipment purchases during the IDC will be offered at a discounted industry rate. Rental equipment is available. For the IE it is required that you have a full set of Scuba Equipment including al Safety Equipment (Knife, Whistle, Safety Sausage) and a Rescue Pocket Mask. (as per PADI standards)

Course Includes: Student Stationary Kit in Instructor Briefcase (See extra's sheet), All Air Fills, Pool Fees and Dive Trips, Professional counselling and career advice, Teaching Practice / Experience.

Course Topics

1. **Knowledge Assessment**
 - General Knowledge Review
 - Exams in Dive Theory (equipment, physics, physiology, RDP, skills)
 - Standards and Procedures
 - Examination Review
2. **Academic Modules:**
 1. Course Orientation
 2. Learning Instruction and The PADI System
 3. Developing Knowledge Development Presentations
 4. Teaching Project Aware and Peak Performance Buoyancy Specialties
 5. PADI Discover Scuba and Snorkelling Programs
 6. Teaching in Confined Water
 7. Conducting Open Water Training Dives
 8. Diving Industry Overview
 9. General Standards and Procedures
 10. Legal Responsibility and Risk Management
 11. The role of Media and Prescriptive Teaching
 12. PADI Scuba Diver and Open Water Diver Course
 13. How to Teach the Recreational Dive Planner (optional)
 14. Adaptive teaching
 15. The PADI Continuing Education Philosophy
 16. Business Principles for the Dive Professional
 17. Adventures in Diving Program
 18. PADI Specialty Diver Courses and Master Scuba Diver Program
 19. Rescue Diver Course
 20. Divemaster Course
 21. Diver Retention Programs
3. **Orientation to Academic Teaching**
 - Academic Teaching
 - Practice Teaching Presentation
4. **Orientation to Confined Water Teaching**
 - Confined Water Teaching
 - Practice Confined Water Teaching
5. **Orientation to Open Water Teaching**
 - Open Water Teaching
 - Practice Open Water Teaching
6. **Water Skills**
 - Scuba Skills (Skill Circuit)
 - 800 m Snorkel swim
 - Advanced course Orientation (Work shop)
 - Rescue course Orientation (Work shop)
 - Rescue Skills (Workshop)
7. **General**
 - Course Orientation
 - Dive Equipment / Sales Orientation & PADI Equipment Specialty
 - Work place Health and Safety Presentation
 - IE Orientation
 - Candidate Review and Recommendation

Course Schedule

(Sample only)

Day 0	PM	Registration, Payment of balance, Course Orientation.
Day 1	AM	Learning Instruction and PADI System PADI Discover Scuba and Snorkel Program Skills Demo (Confined Water)
	PM	Developing Knowledge Development Presentations The PADI Continuing Education Philosophy Teaching Project Aware and Peak Performance Buoyancy
Day 2	AM	Knowledge Development Presentations –1 Teaching in Confined Water (Class Room)
	PM	General Standards and Procedures Dive Industry Overview PADI Scuba Diver and Open Water Course
Day 3	AM	Confined Water Teaching Presentations - Part 1 (Confined Water) Adaptive Teaching - Seal Team Confined Water Teaching Presentations - Part 2 (Confined Water)
	PM	Diver Retention Program Adventures In Diving Program Knowledge Development Presentations –2
Day 4	AM	Confined Water Teaching Presentations - Part 3 (Confined Water) The Role of Media and Prescriptive Teaching
	PM	Confined Water Teaching Presentations - Part 4 (Confined Water) The PADI Rescue Diver Course Business Principles for the Dive Professional
Day 5	AM	Prescriptive Teaching Presentations – 1 Specialty Diver Course and MSDT
	PM	Legal Responsibility and Risk Management Conducting Open Water Training Dives The PADI Dive Master Course
Day 6	AM	Open Water Teaching Presentations - 1 (Open Water)
	PM	Rescue Diver Course Workshop (Open Water) Dive theory Exams
Day 7	AM	Open Water Teaching Presentations - 2 (Open Water)
	PM	Adventure Dive / Specialty Dive Workshop (Open Water) 800 m Mask, Snorkel, Fins swim
Day 8	AM	Prescriptive Teaching Presentations - Part 2 General Standards and Procedures exams
	PM	Emergency First Response Program Orientation Dive Equipment / Sales Orientation & PADI Equipment Specialty Work place Health and Safety Presentation Instructor Exams Orientation
Day 9		Sleep, review, Catch up with exams, friends etc.....
Day 10 and 11		First Aid Course, EFR Instructor and exams review (IDC+)
Day 12, 13, 14		PADI EXAMS !!!! Day 15 OFF to Recover. Day 16 + 17 Specialties

Course Activities

1. General Diving Knowledge

You will be given a diving examination on the five topics mentioned in the IDC Curriculum. If any weaknesses are ascertained then individual self-study can be recommended and additional time spent, if available.

2. Academic Modules

There will be 21 Academic Presentations given by your Course Director throughout the course. The topics of these presentations are set out in the IDC Curriculum.

3. Orientation to Academic Teaching (Class room)

You will be taken through a workshop situation on PADI's Academic Teaching and Through out the course will be performing a minimum of 4 Academic presentations. You will be evaluated on each of these presentations. After each evaluation you will be given your score and the Course Director will then point out where you could improve and what the PADI evaluators will be looking for.

4. Orientation to Confined Water Teaching (Pool)

You will be shown how to conduct a confined water presentation. In this section you will learn the most commonly encountered problems and practice your confined water teaching. This will involve a briefing, demonstration, problem solving and debriefing. When giving your presentations you will be in charge of a number of "Students" (Instructor Candidates) plus you will have one assistant. You will be expected to brief these "Open Water Students" and conduct your demonstration. The students will then proceed to attempt the assigned skill. Some of these "Students" will be assigned problems, you will be required to recognise these problems, solve or prevent them and debrief afterwards. You will once again be evaluated after each presentation and debriefed afterwards. You will be teaching at least 4 confined presentations.

5. Orientation to Open Water Teaching (Ocean)

This will be conducted the same as the above, however minimal demonstration will be given by you. During the course you will be given a minimum of 4 Diving skills presentations to perform. Further skills from the Advanced and Rescue courses will also get practiced.

6. Water Skills

Swimming skills such as the 800 meter Snorkel swim form a part of the IDC and practice in these areas will be conducted. A rescue workshop will also be conducted and each candidate will be evaluated on his/her rescue.

7. General

Course Orientation will be conducted at the beginning of the course briefly running through all activities and requirements. IE Orientation will outline times and requirements of the Instructor Examination. Candidate Review. The Course Director will debrief each individual candidate and will either recommend or not recommend you to undertake your IE.

IDC+ Course Detail

- Course:** Instructor Development Course *Plus*
- Date:** As per schedule
- Duration:** 1 Days
- Daily Hours:** 11:00 am - 5:00 pm
- Investment:** \$295.00
- Deposit:** \$100.00
- Location:** Pro-Dive Cairns
116 Spence street, Cairns QLD 4870
Tel: (07) 4031 5255 Fax: (07) 4051 9955 Alex's Mbl: (0403) 621172
- Materials:** You will need to have the following materials prior to your course commencement. (See enclosed materials order form)
1. PADI Instructor Manual
 2. PADI Open Water Manual
 3. Aquatic Cue Cards (Confined water)
 4. Encyclopaedia of Recreational Diving
 5. Recreational Dive Planner The Wheel and The Table
 6. Calculator
- Equipment:** It is required that you have a full set of scuba equipment including alternate air source, safety equipment (knife, whistle, safety sausage).
- Course Includes:**
- ◆ Registration
 - ◆ Introduction
 - ◆ Exams: Diving Theory, Systems, Standards & Procedures
 - ◆ Diving Theory Review
 - ◆ Systems, Standards & Procedures Review

This program is like a "Mock" Instructor exams. You will get to test your theory skills and any questions that were not answered correctly will be explained and reviewed. This afternoon will certainly prepare you for the IE and will also "iron-out" any questions that you might have without the pressure of a real exam.

Emergency First Response



Instructor Course

Course Details:

Course:	EMERGENCY FIRST RESPONSE INSTRUCTOR COURSE
Date:	As per schedule
Duration:	2 Days
Daily Hours:	9:00 am - 5:00 pm
Investment:	\$495.00
Deposit:	\$100.00
Location:	Pro-Dive Cairns 116 Spence street Tel: (07) 4031 5255 Alex's Mbl: (0403) 621172
Prerequisite:	"ANY" First Aid or CPR course as a student (The CD can organise this)

Course Includes:

1. EFR PARTICIPANT MANUAL
2. FIRST AID KIT (Bandages, Face shield, etc.)
3. EFR PRIMARY & SECONDARY CARE Instructor Manual
4. EFR INSTRUCTOR self study knowledge review
5. ROYAL LIFE SAVING SOCIETY 1st AID CERTIFICATE
6. Professional and Fun Tuition
7. Professional Career Advice

Optional Extra's:

- EFR VIDEO or DVD \$48.00
 - *OXYGEN PROVIDER COURSE (RLSS) \$110.00
 - *EFR at Work Course \$ 140.00 (IDC Special)
- *This Training is required for working in Australia as a Diving professional. Recommended anywhere else in the world as part of your professional portfolio.*

Emergency First Response Instructor Course schedule

Day 1	AM	Registration Course Orientation Emergency First Response Program Philosophy
	PM	Learning and Instruction Workshop parts I - IV Teaching Workshop part V
Day 2	AM	Teaching Emergency First Response Workshop Organising an Emergency First Response Course Mannequin Cleaning Work shop
	PM	Marketing Emergency First Response Emergency First Response Instructor Exam



During this Internationally recognised First Aid program you will become familiar with CPR, First Aid and the use of an automatic external defibrillator and oxygen providing. After completion you will be able to teach this program to your candidates and to anybody interested in becoming a First-Aider. This course could provide you with some significant income potential.



If there are any questions please contact the Course Director.

INSTRUCTOR EXAM Details

- Course:** Instructor Examination (IE)
- Investment:** As per PADI price list
- Date:** As per Schedule
- Time:** 17:00 pm
- Location:** To be advised by PADI Asia Pacific Ltd
Unit 3 / 4 Skyline Place
French Forest NSW 2086
Phone: (02) 94512300 Fax: (02) 9451 9999
Email: padi-adm@padi.com.au
- Sample Schedule:**
- | | | |
|----------|----|--|
| Friday | PM | Registration
Candidate Assignments
Diving Theory Exams (1.5 hrs), System Standards &
Procedure Exam (1.5 hrs) |
| Saturday | | Confined Water Teaching Presentations
Academic Teaching Presentations |
| Sunday | | Ocean day on Fitzroy Island
Open Water Teaching Presentations
Rescue Evaluation |
- Materials Needed:**
- Instructor Manual
 - IDC work book
 - Calculator
 - RDP's: eRDP, Wheel and Table version
 - Two Pens
 - Full set of Dive gear
 - Slates, Pencil, Eraser
 - PADI manuals, PADI exams (OW, RESC, DM)
 - Pocket Mask for rescue scenarios

Instructor specialties (*MSDT prep.*) Fun dives

After the Instructor exams it is time to wind down and there is no better way to relax than to dive with a group of friends and learn some new skills along the way.

During the MSDT course we focus on the fun aspect of the diver training some time is spend in the classroom going over the details of the PADI Specialties.

The team then decides where they would like to go and what specialties they would like to complete. The cost of the course depends on the location and the specialties chosen. Roughly we have 3 locations to complete specialties and 3 package prices.

- ◆ **Location 1: Diving on the Yongala Shipwreck, specialty options are:**
 - ◆ EANX (Nitrox) diver ◆ 1 EANX Instructor
 - ◆ 2 Deep Instructor ◆ 3 WRECK instr.
 - ◆ 4 Digital Photo Instr. ◆ 5 Equipment instr.
 - ◆ Requests??? (boat diver)

- ◆ **Location 2: Diving on the Great Barrier Reef, specialty options are:**
 - ◆ EANX (Nitrox) diver ◆ 1 EANX Instructor
 - ◆ 2 Deep Instructor ◆ 3 Navigation instr.
 - ◆ 4 Digital Photo Instr. ◆ 5 Equipment instr.
 - ◆ Requests??? (search and recovery)

- ◆ **Location 3: Diving at Lake EAGAM on Tablelands, options are:**
 - ◆ EANX (Nitrox) diver ◆ 1 EANX Instructor
 - ◆ 2 Deep Instructor ◆ 3 Altitude instr.
 - ◆ 4 Digital Photo Instr. ◆ 5 Equipment instr.
 - ◆ Requests??? (Dry suit)

The MSDT program includes:

2 x Eanx Tanks hire, Eanx Kit, Dive trips, Stay, PADI materials/ Out lines, BBQ Lunch.

Your investment for this program would be between \$875 - \$995

Extras would be: - reef tax, PADI FEES, mooring fee and share transport cost.

This program gives new Instructors the edge that they need to find work in the Dive Industry quickly. The extra qualification counts towards higher professional levels and is a prerequisite for the Staff instructor rating.

The experience gained is valuable and the dives are a good fun time.

Or.....you could just come and do EANX Diver.....for \$ 650 all included.

PRO-DIVE CAIRNS INSTRUCTOR COURSE

WHAT IS ALL INCLUDED:

- AS MUCH COFFEE / TEA AS YOU CAN HANDLE
- MORNING AND AFTER NOON SNACKS
- **ALL** AIR FILLS / TANK HIRE DURING THE IDC
- PROFESSIONAL TUITION
- A DIVE **BRIEFCASE / STATIONARY BAG**
- **ALL** STATIONERY NEEDED FOR TEACHING (Whiteboard markers, High lighters, Pens, Paper and Calculator!!!)
- **PADI** EQUIPMENT COURSE INSTRUCTORS SPECIALTY
- EQUIPMENT ORIENTATION / SALES **SEMINAR**
- A **PRESENTATION** ON WORKPLACE HEALTH AND SAFETY
- TWO DIVING EXPEDITION TRIPS TO **FITZROY ISLAND**
- PROFESSIONAL **COUNSELING** AND CAREER ADVICE
- TEAM TEACHING OW COURSES (**EXPERIENCE**)
- **DISCOUNTS** ON DIVE GEAR AND LIVE-A-BOARD TRIPS
- **HELP** WITH JOB PLACEMENT (PRO-DIVE HAS 23 CENTRES)
- WORK-A-WAY PLACEMENTS AT **EXOTIC** PRO-DIVE LOCATIONS
- **FREE** PASSPORT PHOTO'S
- OPTION TO COMPLETE CONTINUING EDUCATION (EFR, EANX, DEEP, DIGITAL U/W PHOTO, NAVIGATION etc..)

If there are any questions please contact the Course Director.

PRO-DIVE CAIRNS INSTRUCTOR COURSE

WHAT IS ALL NEEDED:

IDC CANDIDATES MUST:

- Be at least **Eighteen** years of age
- Be a **certified** Diver for at least 6 months
- Be certified as a PADI **Divemaster**, a PADI Assistant Instructor or Any other Dive Leadership level
- Have a current **Medical** (less than 12 Mth's old)
- Have a current **1st Aid cert.** (less than 24 Mth's old)
- Show proof of **One Hundred** logged dives
- Be a current PADI member
- Have their own Diving Equipment incl. **Pocket mask**
- Have all **PADI materials** requested by PADI
- Submit **copies** of all Dive Certificates (both sides)

If there are any questions please contact the Course Director.

WHO is your Course Director ????

ALEX VAN WELDEREN, your Course Director started diving in 1985. This was in a Dutch lake where the water temperature was a pleasant 12°C. After toying with the idea to become a commercial diver he started underwater welding and general duties at a small dive company. Soon he found diving in 30cm visibility or diving under ice was not as attractive as coral or looking at fish.

In 1989 he completed the PADI instructor course and as luck would have it he was instructed by Ralf Erickson (founder of PADI) himself. "Learn best from the best". After working in the Caribbean he moved to Australia and commenced work at Pro Dive Cairns in 1990. His main role was teaching courses as a multilingual Instructor (English, German and Dutch). With a passion for higher education courses he soon was teaching specialties and dive master courses with his favourite being the under water photo specialty. "A lens, a reef and I am happy".

In 1995 Alex completed the Course Director Training Program and has conveyed his teaching passion on to many candidates so far, with no stopping in sight. "After certifying over 4500 people in all aspects of diving I have only just started".

In 1996, 2000 and in 2003 Alex won the prestigious PADI awards for: "Outstanding Contribution to Instructor Training" In 2005 he flew to ADEX in Bangkok for a nomination. In 2006 he was again awarded by PADI as the best Instructor Trainer for the Asia Pacific region. "These awards are great and recognition is always fantastic but I will just keep focusing on the job at hand. That's how I got the awards in the first place"

With a high success rate and pleasant teaching style the Candidates enjoy their program and continue their career path. "The IDC Team needs to have fun, as this is what their own classes should be like". "I know that to be successful in this industry you need to be very customer orientated and business driven. My real world experience helps my candidates enormously".

As it is at this point in your diving career that you make your most important decision, invest wisely and do not just book on *any* IDC but book on a "life style" with Alex, make use of his experience and gain valuable information that you will use for many years to come.

Prices are subject to change without notice. Courses may be cancelled at the discretion of Pro Dive Cairns. Cancellation charge will apply for cancellations made with in one week of commencement date. All rates are valid to 31st December 08

2008 Pro Dive Cairns Instructor Course Training Schedule.

January 08

13 - 21 IDC Instructor Development Course
23 - 24 IDC Plus Course (optional)
23 - 24 Emergency First Response Instructor
25 - 27 IE, Cairns, Australia
28 - 29 MSDT Instructor Specialties
11 - 21 IDC Staff Instructor Course

March/April 08

23 - 31Mar IDC Instructor Development Course
02 - 03 April IDC Plus Course (optional)
02 - 03 Emergency First Response Instructor
04 - 06 IE, Cairns, Australia
07 - 08 MSDT Instructor Specialties
22 - 31Mar IDC Staff Instructor Course

July 08

13 - 21 IDC Instructor Development Course
23 - 24 IDC Plus Course (optional)
23 - 24 Emergency First Response Instructor
25 - 26 IE, Cairns, Australia
27 - 28 MSDT Instructor Specialties
12 - 21 IDC Staff Instructor Course

October 08

12 - 20 IDC Instructor Development Course
22 - 23 IDC Plus Course (optional)
22 - 23 Emergency First Response Instructor
24 - 26 IE, Cairns, Australia
27 - 28 MSDT Instructor Specialties
11 - 20 IDC Staff Instructor Course

February 08

03 - 18 IDC Instructor Development Course
20 - 21 IDC Plus Course (optional)
20 - 21 Emergency First Response Instructor
22 - 24 IE, Cairns, Australia
25 - 26 MSDT Instructor Specialties
01 - 18 IDC Staff Instructor Course

May/June 08

18 - 26 IDC Instructor Development Course
28 - 29 IDC Plus Course (optional)
28 - 29 Emergency First Response Instructor
30 - 01 June IE, Cairns, Australia
02 - 03 June MSDT Instructor Specialties
17 - 26 May IDC Staff Instructor Course

Aug/Sept 08

24 Aug- 1Sept IDC Instructor Development Course
03 - 04 IDC Plus Course (optional)
03 - 04 Emergency First Response Instructor
05 - 07 IE, Cairns, Australia
08 - 09 MSDT Instructor Specialties
23Aug-1Sept IDC Staff Instructor Course

December 08

07 - 15 IDC Instructor Development Course
17 - 18 IDC Plus Course (optional)
17 - 18 Emergency First Response Instructor
19 - 21 IE, Cairns, Australia
22 - 23 MSDT Instructor Specialties
06 - 15 IDC Staff Instructor Course

Notes:

1. **OWSI or ASSISTANT Instructor Courses are held during the IDC. Master Scuba Diver Trainer Instructor Specialties or EFR / EFR Instructor / Oxygen provider upon Request**
2. **Extra IDC's are possible, Minimum 4 candidates**
3. **PADI / AQUATICA / PRO DIVE CAIRNS reserves the right to cancel, reschedule, relocate or combine IE's as staffing logistics and enrollments dictate.**

For more Information contact your Career Development Course Director:

Alex van Welden on alex@aquatica.com.au

or: Mbl. (0403) 621 172 or: (07) 4031 5255

for more info visit www.aquatica.com.au

Emergency First Response



Instructor Course

with: *Alex van Wolderen*

Duration : 2 Days (as per schedule)
Time : 9:00 am~5:00 pm
Location : Pro Dive Cairns
116 Spence Sreet
Cairns QLD 4870
Contact : 0403-621172



The Emergency First Response Instructor Course covers: **First Aid Training**, including **CPR & EAR** training and **Automatic External Defibrillator**. Oxygen provider is also possible. This course is a valuable addition to the programs you can offer. It allows you to complete the PADI Rescue Diver Course, PADI leadership Courses or First Aid for the Work place.

The EFR Instructor course is conducted over two days (ex. Self-study) and also covers: First Aid training techniques, Marketing and Practical aspects of the Emergency First Response program.

"Take the next step today and become an Emergency First Response Instructor"

Course Investment: \$ 495.- (includes: Fees, Instructor manual & student kit)



Tel: (07) 4031 5255 Mobile (0403) 621 172